

Paeds, Pizza & Prizes: An Interactive Introduction to Paediatric Orthopaedic Surgery

Summary

This proposal outlines a plan for a hybrid-format evening event to introduce medical students to the specialty of Paediatric Orthopaedic Surgery. The event will consist of short, high-impact talks from experienced paedipods, followed by an interactive, team-based clinical quiz. By encouraging students to gather in local, consultant/SpR-supervised "hubs," we aim to foster a sense of community and provide a unique networking opportunity. The event will be promoted at the British Orthopaedic Association (BOA) conference to maximize attendance and engagement, with the goal of inspiring the next generation of paediatric orthopaedic surgeons and increasing the visibility of the British Society for Children's Orthopaedic Surgery (BSCOS).

Vision & Aims

The core vision is to move beyond the standard webinar format to create a memorable, engaging, and educational experience. "Paeds, Pizza & Prizes" aims to:

- **Inspire:** Showcase the rewarding nature of a career in paediatric orthopaedic surgery.
- **Educate:** Provide valuable insights into the clinical practice, training pathway, and day-to-day life of a specialist.
- **Connect:** Facilitate networking between students and consultants in a relaxed, informal setting.
- **Promote:** Increase the visibility and appeal of BSCOS among the UK's medical student body.

By timing this event to follow the BOA medical student day, we can capture an already engaged audience and offer them a fun, value-added evening session.

Event Format & Proposed Schedule

- The event will be delivered as a central webinar, broadcasted to individuals and the local "hubs."
- Date: 09/12/25
- Total Estimated Duration: 2 hours

Time	Session	Duration
18:30 - 18:35	Welcome & Introduction - Overview of the evening & BSCOS. (Potentially mention sponsor)	5 mins
18:35 - 19:00	Talk 1: A Career in Paeds Ortho - A consultant's journey, work-life balance, and the best parts of the job. Followed by a 5-min Q&A.	20 mins
19:00 - 19:20	Talk 2: "You Don't See That in Adults!" - A consultant/SpR showcases fascinating and unique paediatric cases (e.g., limb deformity, DDH, complex trauma).	20 mins
19:20 - 19:50	The National Kahoot! Quiz - Teams in hubs and individuals at home play against each other. Quizzed on X-ray interpretation, clinical scenarios, anatomy questions. (winning hub will get prizes)	20 mins
19:50 - 20:15	Live Q&A Forum - Both speakers and supervising consultants answer questions.	15 mins

The "Hub" Model

This is the event's unique selling point.

- **Concept:** Local consultants/registrars will be encouraged to host a "hub" of medical students / junior doctors interested in learning more about paed ortho. They would supervise this group throughout the session.
- **Incentive:** The promise of free pizza and the chance to compete as a team will encourage group participation. It turns a passive webinar into an active, social event.
- **Execution:** We would coordinate with university surgical societies and BSCOS members to establish these hubs. The BSCOS network will help recruit local "champions."
- **Additional opportunities:** Hubs will be encouraged to host a pre-session hands-on workshop (e.g., plastering, external fixation) if local facilities and faculty permit, further enhancing the experience.

The Interactive Quiz

The quiz is the key to the event's interactive element.

- **Platform:** Kahoot! is ideal as it's familiar to students and allows for team play.
- **Teams:** Teams will consist of around 5 people depending on the numbers in each hub.
- **Content:** The questions will be visual and clinical, focusing on X-rays, common paediatric conditions, and "red flag" signs. This makes the learning practical and engaging.
- **Prizes:** Winning team members would receive prizes such as ortho-themed small gifts or BSCOS-branded merchandise (hoodies, lanyards, keychains). This would also provide low-cost marketing for the society and a tangible reward for participants.